

PAPELMATIC

9 passos per...

DESINFECTAR LES MANS



1

An illustration of a hand holding a small amount of blue hand sanitizer gel from a bottle.

Aplica el gel hidroalcohòlic sobre la pell sana i seca.

2

An illustration of hands with the fingertips of one hand rubbing against the palm of the other.

Arrossega la punta dels dits pel palmell per escampar el gel.

3

An illustration of hands with the palm of one hand rubbing against the palm of the other.

Frega la palma dreta contra la palma esquerra.

4

An illustration of hands with the palms of both hands rubbing together.

Frega ambdós palmells entrellaçant els dits.

5

An illustration of hands with the thumbs of both hands rubbing against the palms of the other hand.

Frega ambdós polzes fent moviments circulars.

6

An illustration of hands with the palm of one hand rubbing against the knuckles of the other hand.

Frega els palmells contra els artells d'ambdues mans.

7

An illustration of hands with the palm of one hand rubbing against the back of the other hand.

Frega els palmells contra el dors de la mà contrària.

8

An illustration of hands with the wrists of both hands rubbing against the palms of the other hand.

Frega ambdós canells fent moviments circulars.

9

An illustration of a hand with a magnifying glass over it, showing a green checkmark, indicating that the hands are clean and dry.

Les teves mans estan seques i lliures de gèrmens!